#### **Campus Resources**

UCSB offers a large variety of campus resources to support students. A complete list can be found here:

http://osl.sa.ucsb.edu/resources

### Student Resource Building (SRB)

#### http://www.sa.ucsb.edu/student-resource-building/home

The SRB houses many of the community support offices, including the Office of International Students and Scholars, Resource Center for Sexual & Gender Diversity and the Women's Center. It includes: African diasporic Cultural Resource Center, American Indian Resource Center, Asian Resource Center, Chicanx/Latinx Resource Center, Middle Eastern Student Resource Center, Non-Traditional and Re-entry Student Resource Center and the OSL Resource Center (for campus organizations, Fraternities & Sororities). A full list of departments and resource centers, along with their websites and events can be found on the SRB website.

Below are some free campus resources that are commonly used by our students.

#### Learning Support Resources

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CLAS	http://clas.sa.ucsb.edu/
DSP	https://dsp.sa.ucsb.edu/
ONDAS Center	https://ondas.ucsb.edu/home
LinkedIn Lynda Learning (access via UC Learning Center)	
	https://www.learningcenter.ucsb.edu/
	https://www.linkedin.com/learning/
Educational Opportunity Program (EOP)	
	http://eop.sa.ucsb.edu/

#### Mental Health Support Resources

CAPS	http://caps.sa.ucsb.edu/caps-home	
Educational Opportunity Program (EOP)		
	http://eop.sa.ucsb.edu/	
CARE	http://wgse.sa.ucsb.edu/care/home	

Additional Resources

 UC Learning Center
 https://www.learningcenter.ucsb.edu/

 Collaborate Workshops

 Career Services
 https://career.ucsb.edu/students

 Additional Class: CHEM 184/284

## **Campus Learning Assistance Services (CLAS)**

### http://clas.sa.ucsb.edu/

CLAS offers specific subject tutoring in small groups and drop-in sessions. They also offer workshops in academic skills like taking notes, confidence building, time management, fighting procrastination and GRE Prep. In addition, you can also sign up for an individual session with a specialist for specific things like planning your study schedule or more general like tips for being successful at UCSB. This resource is paid for by student fees (no additional fee to use any of their services) and you can sign up for their sessions online.

# DSP

### https://dsp.sa.ucsb.edu/

DSP provides student's accommodations to ensure full participation and equal access to all educational activities at UCSB for students with temporary and permanent disabilities. You can make an appointment to speak with a specialist or apply for services online.

### **ONDAS Center**

### https://ondas.ucsb.edu/home

The ONDAS center promotes the success and retention of first-generation college students. They offer a variety of programming including specific subject tutoring, peer mentoring, speakers, drop in academic advising, networking opportunities with graduate students and instructors and workshops. The ONDAS center website also provides a page for more resources for students.

#### LinkedIn Lynda Learning

#### https://www.linkedin.com/learning/ (access via UC Learning Center) https://www.learningcenter.ucsb.edu/

LinkedIn joined with Lynda learning and now provides a large number of training courses. These training courses include technical training (like excel or maximizing the usage of Google Suite), soft-skills training (how to take effective notes; time management; working from home), management training, and much more. When you complete a training, you will receive a certificate that is publishable on your LinkedIn Profile.

# Educational Opportunity Program (EOP)

#### http://eop.sa.ucsb.edu/

Through mentorship, academic programs, one-to-one counseling/advising, campus student support service referrals and social/cultural programming, EOP helps students to enhance their preparation for the job market and/or graduate/professional school admission. EOP also provides counseling services to help students taking advantage of internship

opportunities and other issues. Students can schedule a virtual counseling session with a mentor/ counselor online via their website.

# CAPS

### http://caps.sa.ucsb.edu/caps-home

Counseling and Psychological Services offers sessions and advice on coping with college-life stress through group and individual tutoring. They also have a peer mentoring program. You can access their information online or by phone.

# CARE

### http://wgse.sa.ucsb.edu/care/home

The CARE office provides professional services for the prevention and intervention of sexual assault, relationship violence, stalking and harassment.

# **UC Learning Center**

### https://www.learningcenter.ucsb.edu/

The UC Learning Center offers a wide range of training courses to employees (including student employees). There are courses on implicit bias, on sexual harassment, etc.

# **Collaborate Workshops**

- 1. <u>https://help.lsit.ucsb.edu/hc/en-us/articles/115000216531-About-the-Collaborate-Student-Support-Center</u>
- 2. Past workshop schedule (and examples of what's available): https://collaborate.ucsb.edu/services/student/workshops
- 3. Quick References sheets: <u>https://help.lsit.ucsb.edu/hc/en-us/articles/115000224751-</u> <u>Quick-Reference-Sheets-QRS-</u>
- 4. GauchoPrint Printing Services: https://collaborate.ucsb.edu/services/student/printing

Collaborate works with service providers across campus to promote the effective use of technologies in support of instruction. On top of providing free printing services on campus (paid for by student fees, 200 free pages per quarter), Collaborate offers software workshops, Quick References Sheets, and IT services to all students (not just those in the College of Letters and Science).

#### **Career Services**

# https://career.ucsb.edu/students

Career Services offers career advice, resources, and feedback to all students (undergraduate and graduate students). Check their website for resources, appointments with career counselors, and events.

# Additional Class to Take

CHEM 184/284: Chemical Literature Offered in Winter Quarter (TR 2:00pm - 2:50pm) Designed for upper-level undergraduates and graduate students, this class includes lectures and exercises on chemistry-related literature and other information resources. The Department of Chemistry and Biochemistry (DCB) recommends attending CHEM 184/284 as to be better prepared for upper division chemistry and biochemistry courses/labs.